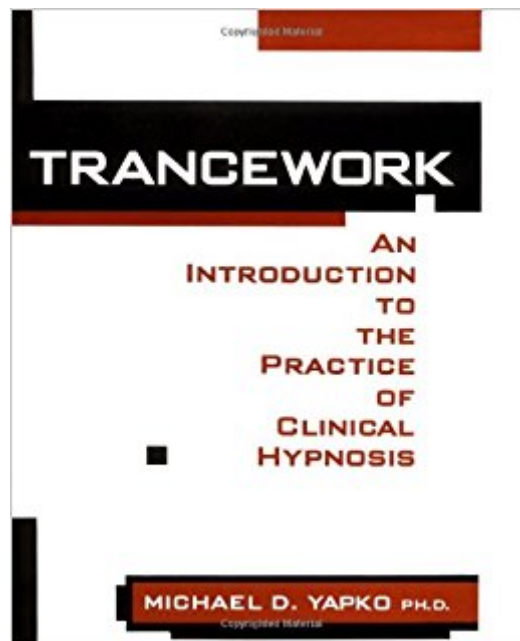




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Trancework: An Introduction To The Practice Of Clinical Hypnosis, Second Edition



Synopsis

First published in 1990. Routledge is an imprint of Taylor & Francis, an informa company.

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Customer Reviews

This book is not a how to guide. In fact if you're not familiar with how to do basic trance work this book will be confusing at times. This does offer keen insight into the ways that trance can be best used in Hypnotherapy. For instance the chapter going through trance phenomena explains in what circumstances it would be best to use said method. As a whole I would recommend the book as reference material to transition from basic to more in depth knowledge about hypnotherapy.

Excellent amazing book. I've read many books on hypnosis this is a clear simple balanced yet very insightful. At the end of every chapter are great thought provoking questions based on the chapter.

My background: I have been certified in Clinical Hypnotherapy about 16 years ago. My take on the text: This product is excellent. I used this text to learn from while I was studying to learn hypnosis. However, I don't agree with the author's point of view in future editions. He tends to try to scare the reader into being afraid of hypnosis. I feel that this is a less than empowering place to come from when using hypnosis. Just keep that in mind.

This is the most comprehensive work I have read on hypnotherapy. My library is full of books on

hypnosis and hypnotherapy and this one beats them all. It not only goes deep in explaining the why, but lays out the how and gives a wealth of tips and best practices. The scientific, open minded and factual approach is very useful. I would wholeheartedly recommend this book to any hypnotist and hypnotherapist.

fantastic

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